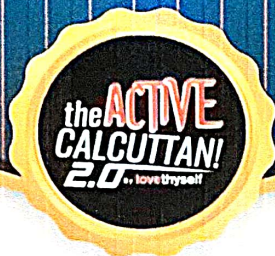


# CERTIFICATE OF APPRECIATION



THIS CERTIFICATE IS PRESENTED TO

*Mr. Shakil Ahmed*

(FOUNDER AND PRESIDENT OF BENGAL WATER SPORTS)

THIS IS TO CERTIFY THAT MR. SHAKIL AHMED (FOUNDER & PRESIDENT OF BENGAL WATER SPORTS) HAS COMPLETED A DISTANCE OF 100KM ON AN ERGO METER (INDOOR ROWING) IN 10 HOURS 14 MINUTES DURING THE ACTIVE CALCUTTAN 2.0 (SPORTS & FITNESS CARNIVAL) ON THE 13 TH OF JANUARY, 2019 AT THE STADEL HOTEL, KOLKATA IN THE PRESENCE OF WEST BENGAL ROWING ASSOCIATION SECRETARY - MR. SOUVIK GHOSH, EXECUTIVE COMMITTEE MEMBER - MR. ANIRUDDHA MUKHERJEE, VICE PRESIDENT WEST BENGAL COUNCIL OF SPORTS & EDUCATION - DR KAUSIK SIL AND FOUNDER OF LOVETHYSELF & THE ACTIVE CALCUTTAN - RAHUL ROY.

13 TH JANUARY, 2019

DATE

**love**thyself

RAHUL ROY  
(FOUNDER LOVETHYSELF  
& ACTIVE CALCUTTAN)